



Tanya Bowman grew up in the small town of Mortons Gap, KY. A little girl with a broken life but, even at her young age, a sense of determination that has served her well through the years. That determination and her strong faith have been the strength to motivate Tanya to use the trials and difficult circumstances in her own life to strengthen and empower countless individuals through encouragement, counseling and mentoring. As an employee of Door of Hope Pregnancy Care Center in Madisonville, KY, Tanya was burdened for the youth of her community. Realizing that if there was a way to reach teens and young adults with an abstinence message, she might not see them as clients in the center where she served as Communications Director. At this center, clients predominately came for free pregnancy tests, diapers and baby items for their children, and counseling for pregnancy loss and post-abortion issues. Through her job, Tanya was allowed the opportunity to attend a conference in Texas where she was introduced to "Choosing the Best" – a curriculum for teens and young adults that carried a strong message of abstaining not just from sex, but alcohol & drugs and offered tools to handle everyday pressures and dealt with sensitive subjects such as date rape and sexual abuse. Armed with this curriculum and infectious enthusiasm, Tanya carried this message into two Hopkins counties middle schools. As word spread, so did excitement about this program. Through her hard work and belief in the message of abstinence, Tanya was able to help secure a \$1,000,000 federal grant to fund the Door of Hope Pregnancy Care Center's Abstinence Team, better known to the thousands of students served in the 13 counties to which the educators traveled, as the "A-Team." Tanya served as the Executive Director of the A-Team until 2008, at which time the grant was not renewed due to federal budget cuts. Undeterred by this set back, Tanya has moved forward with the message of hope for the youth of Hopkins County, birthing the vision, "Plans4U Youth Foundation." Tanya has been the key note speaker at Kentucky Educators Conferences, both at the District and Regional levels, been the invited guest speaker at several community civic organizations, serves as Women's Chaplain at the Hopkins County Correctional facility, is a Youth Leader at her church and is tireless in spreading the message of hope to countless individuals-teens and adults alike, who are looking for a glimpse of hope in a seemingly hopeless world. Tanya Bowman lives in Madisonville, KY. She is the mother of three, grandmother of one spectacular little boy, and is currently raising three young women who are daughters by heart.