

Once you meet Joy Harris, you will never forget her or her story of courage and hope.

As teenaged single mother, Joy experienced the hardships and hard truths of parenthood while nearly still a child herself. One of the most important life lessons to come from those early years of teen parenting was the importance of creating boundaries and setting goals.

Through all odds, she managed to graduate from Midway College with a Bachelor of Art in Organizational Management and continued her education by graduating from Asbury Theological Seminary with a Masters of Art in Mental Health Counseling. She is now a nationally certified counselor.

Today, as the founder of Inspiring You To Be...LLC she is following her passion to help people avoid the pitfalls that can change their lives forever. Combining her personal story with the life experiences, Joy offers lessons in setting and adhering to boundaries and setting obtainable goals established by faith, education and experience.

Joy is an ordained ministered, experienced inspirational speaker and teacher. She encourages others to embrace the gift of greatness inside. By challenging others to seek and live a purpose-filled life, she empowers them to be all they have been pre-destined to be as they walk in purpose and destiny. She has traveled abroad over the past five years to Japan and Haiti to share and giving hope by distributing needed resources to meet the basic needs of the native population. She does extensive volunteer work with unwed mothers, at risk and low income youth, and college students.

Currently, she serves as the radio host sharing her thought-provoking "Scoop of Joy Thought of the Day" across the air-waves on the national award winning show, Sunday Morning Praise on 107.9 The Beat, she is writing motivational self-improvement books, offering life-coaching sessions, serving the community through volunteerism with various non-profit organizations and mission work. She is continually evolving daily.

For almost a decade, her compassionate and transparent teaching style has afforded her the opportunity to deliver inspirational/motivational speeches across the United States. Joy speaks on a number of motivational, practical topics and her message can tailored to fit specific audiences. Her dynamic ministry has brought hope, healing, and affirmative change to the lives of men and women across the world. She is passionate about helping others heal from the inside out.

Joy is also the author of *Authentic Joy: Finding True Joy in an Compromising World*. *Authentic Joy* is designed to help others find true joy and peace in the turmoil of a compromising world. *Authentic Joy* is available online at any online bookstore and can be ordered at any bookstore.

She would like to thank God (and the conference host) for this wonderful opportunity to speak at the Freedom-Liberty Conference. She also expresses heartfelt gratitude to her family (and

friends) for always loving and supporting her in all of her endeavors. Joy believes, "Freedom, liberty and justice is for ALL!"